

## WHEN IS THE RIGHT TIME TO CONSIDER HOSPICE?

The time to learn and explore a hospice program is before a medical crisis. Our Well Care Hospice team knows that discussions about the end-of-life can be difficult, but knowing the facts can significantly reduce family and patient stress.

## The time to talk about hospice is now.



	6 MONTHS PRIOR TO DEATH	<b>3 MONTHS PRIOR TO DEATH</b>	4 - 6 WEEKS PRIOR TO DEATH	2 WEEKS PRIOR TO DEATH
PATIENT	<ul> <li>Pain can be well-controlled and quality of life is a priority</li> <li>Symptoms can be managed better</li> <li>Emergency room visits relating to life-limiting illness are not likely</li> <li>End-of-life wishes have been addressed and are being fulfilled</li> <li>With earlier referral to a hospice program, patients may receive care that results in better management of symptoms, leading to stabilization of their condition.<sup>1</sup></li> </ul>	wanted <b>to avoid hospita</b>	<ul> <li>Pain and symptoms can be managed and sometimes controlled</li> <li>Emergency room visits are a consider- able risk</li> <li>End-of-life wishes are discussed</li> <li>80% of patients said they lization and intensive care are dying.<sup>3</sup></li> </ul>	<ul> <li>Pain and symptoms can be managed, unless they are out of control</li> <li>Emergency room visits are at high risk</li> <li>End-of-life wishes may not be addressed due to time limitations</li> </ul>
PATIENT AND FAMILY	<ul> <li>Counseling for patient and family is on-going</li> <li>Emotional and spiritual needs are being addressed</li> <li>Longer time span allows everyone to progress through the grieving process and find acceptance with the end-of-life diagnosis</li> <li>Home life is calmer</li> <li>Family is able to focus on time together</li> <li>Everyone is able to experience the full hospice benefit</li> <li>Research shows that when patients are brought into hospice earlier, they have time to experience a fuller</li> <li>quality and longevity of life.<sup>2</sup></li> </ul>	<ul> <li>Counseling for patient and family begins</li> <li>Emotional and spiritual needs are being addressed</li> <li>Little time is allowed for everyone to progress through the grieving process or reach acceptance of end-of-life diagnosis</li> <li>Time making the patient comfortable competes with focusing on family time together •</li> <li>Everyone is able to experience the most of the hospice benefits</li> </ul>	<ul> <li>Lack of time for everyone to progress through the grieving process or reach acceptance of end-of-life diagnosis</li> <li>Home life is may be stressed</li> <li>Patient and family are not able to experience the hospice benefits</li> </ul> Research documents that hosp a better quality of life for both the loved ones caring for	patients and

<sup>1</sup> New England Journal of Medicine. 2007. <sup>2</sup> Patients Live Longer with Hospice Care. August 2010. <sup>3</sup> Americans Treated and Over-treated to Death, Yahoo News, June 2010. <sup>4</sup> National Hospice and Palliative Care Organization. February 2002.